

# JOHNSTOWN-MONROE MIDDLE SCHOOL

## 2023-2024

### ADDITIONAL ENTREES

Grab 'n Go Salads and Sandwiches, Hummus & Pita Platter, PB&J Sandwich, Cheese Pizza and Pepperoni Pizza are available daily

#### BREAKFAST MEAL DEAL

Entrée Choice  
Fruit or Fruit Juice  
Low-fat or Fat-Free Milk (8oz)

*Student Breakfast* \$1.50  
*Reduced Breakfast* \$0.30  
*Adult Breakfast* \$2.50  
*Student Lunch* \$3.15  
*Reduced Lunch* \$0.40  
*Adult Lunch* \$5.00

#### LUNCH MEAL DEAL

Entrée Choice (Bread & Protein)  
Fruit and/or Vegetable Choice  
Low-fat or Fat-Free Milk (8oz)

#### HOME-STYLE CLASSICS

*Daily Entrees Include:*

**Monday**

Italian Feast

**Tuesday**

International Traveler

**Wednesday**

American Classics

**Thursday**

Build-a-Burrito

**Friday**

Asian Buffet

#### ENTRÉE DESCRIPTIONS

**Italian Feast:** Pasta Bar, Baked Spaghetti, Lasagna, Calzone, Meatball Sub, Chicken Parmesan, etc.  
**International Traveler:** Mexican, Mediterranean, Caribbean, Quesadilla, Taco Salad, Spicy Taco Nachos, etc.  
**American Classics:** Chicken Nuggets or Strips, BBQ Chicken or Pork, Roasted Chicken, Breakfast for Lunch, Fish, etc.  
**Build-a-Burrito:** Chipotle-style offerings  
**Asian Buffet:** General Tso's, Orange Ginger Chicken or Meatballs, Korean Chicken or Beef, etc.

#### ARTISAN PIZZAS

*Daily Entrees Include:*

**Monday**

Veggie

**Tuesday**

BBQ Chicken

**Wednesday**

Buffalo Ranch Chicken

**Thursday**

Hawaiian

**Friday**

Meat Lovers

#### GRAB & GO SALAD

*Daily Salad Entrees Include WG Muffin, Bread Stick or Roll*

Garden Chicken (GF)(V)

Buffalo Chicken

Chicken Caesar

Italian (GF)

Chef (GF)

#### DELI SANDWICH

**Italian Sub:** WG Sub Bun topped w/Ham, Salami, Pepperoni, Cheese, Lettuce, Tomato & Banana Pepper  
**Ham & Cheese Sandwich:** WG Bun topped w/Ham, Cheese, Lettuce & Tomato  
**Turkey & Cheese Sandwich:** WG Bun topped w/Turkey, Cheese, Lettuce & Tomato  
**Daily Assorted Wraps:** WG Wraps w/Assorted Meats & Cheeses, Lettuce, Tomato & Assorted Vegetable Toppings

#### HOT OFF THE GRILL

*Daily Entrees Include:*

Hamburger or Cheeseburger

WG Breaded Chicken Sandwich

Hot & Spicy Chicken Sandwich

Grilled Chicken Sandwich

Egg & Sausage Sandwich

Add fresh fruits and/or veggies and a milk to complete your lunch.

### MENU HIGHLIGHTS

Fresh seasonal soups, assorted bistro boxes, grab 'n go sandwiches, salads and wraps offered daily

Under OVS, a student must take at least three components in the required serving sizes. Once selection must be at least 1 cup from either the fruit or vegetable component.

If a student receives a free or reduced lunch, breakfast is also free or reduced.

\*Menu subject to change due to availability\*

*This institution is an equal opportunity provider.*

